

White Lake Youth Sports Basketball

5th & 6th grade basketball rules

Regular MHSAA basketball rules apply with the following exceptions

1. One time out per half, a second timeout is allowed if the score is within 10 points.
1. 5 minute pregame warm ups, 32 minute running clock with 1 minute between quarters and 3 minutes for halftime.
2. Each half will have 4 time periods of 4 minute length each. Referees can stop the clock for free throws, injuries, teaching or their discretion.
3. All half court man-to-man defense until the 3rd game. After Game 2, teams may play full court man-to-man. If a team is ahead by 10 points or more, their defense must meet their man at half court.
4. Before each period, the players should line up at half court to determine their defensive assignments.
5. No double teaming except on the ball in the key.
6. Each team must give their line up sheet to the scorekeeper. List the players with numbers in order that they will play. If a player shows up late to the game play him when his rotation comes up.
7. If a player is injured, substitute the next player on the line up sheet in for him. The next player will rotate as scheduled through the line up. Line ups can change from game to game.
8. If a player is in foul trouble (3 fouls in first half, 4 fouls in period 5 or 6), a coach may substitute the next player on the line up sheet in for him. The next player will rotate as scheduled through the line up. Player in foul trouble may return at any time, but MUST return to his normal spot in the rotation.
9. Players who use foul language must be pulled out of the game immediately. They may resume play on their next rotation. If it happens a second time in a game, the player will be ejected from the game.
10. Coaches who use foul language will be asked to leave the gymnasium immediately.
11. A game that ends in a tie will result in a 2 minute overtime period. If still tied, sudden death (first to score) overtime will occur.
12. Records will be kept for tournament seeding purposes.